Fall 2012 Volume 21, Issue 3

Down in the Valley

President's Letter

By: Mary Tatum 919-493-3934 / marytatum@hvna.org

Hello Friends and Neighbors,

I hope this finds each of your enjoying this lovely weather with its crisp cool mornings and vivid fall colors.

Your neighborhood association has been involved in some beneficial and fun projects these last few months. On October 11th we had a **Crime Prevention Meeting** at Hope Valley Country Club presented by Officer Curtis Knight of the Durham Police Department. He gave us an excellent "blueprint" on which to model our efforts here in Hope Valley as we move forward with this endeavor. The annual **Halloween Parade** was held October 31st and a good time was had by young and old. Our sincere thanks to the Elams for again providing their home as "Parade Central". Be sure to enjoy the pictures of the parade on Page 6 of the newsletter.

Our upcoming neighborhood event is our second annual "2012 Hope Valley Night of Lights" to take place December 16th. This year we have made an effort to streamline the process. You should have received a postcard indicating the various options for obtaining the luminaries. These options are also posted on our website www.hvna.org.

As we again approach this Holiday Season, please remain mindful of all precautions for personal and property safety.

Warmest greetings of the Season to you and yours, now and throughout the year!

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2012 Hope Valley Night of Lights!

By Lee Anne Contarino 919-237-2150 / leeannecontarino@hvna.org

This Holiday Season Hope with Luminaries! The HVNA is Night of Lights Sunday, off the evening with a Cookies neighborhood residents at the north parking lot from 3:00-

To Participate: Order your kits of our preferred vendors listed luminary every 4 to 5 feet along home. You can assemble your paper bags and votive candles time. Place and light luminaries 16th and enjoy your beautiful

Please watch the HVNA listery date approaches. To join the



Valley will once again be alight sponsoring the Hope Valley December 16. We'll be kicking and Cider Party for all Hope Valley Country Club 4:30pm. All are welcome!

by December 1st through one at hvna.org. We suggest one the street frontage of your own kit using #8 or #10 white with at least a 4 hour burn at 5:30pm Sunday, December neighborhood!

and your mail for details as the HVNA listsery, email us at

jwalston@hvna.org. You can also find event details on the HVNA web site —look for the Luminary Link on the hvna.org home page. If you have further questions, contact Lee Anne Contarino at leeannecontarino@hvna.org.



HOPE VALLEY Neighborhood Association

HVNA Neighborhood Watch Meeting

- Thursday, October 11, 2012 -

On Thursday, October 11, 2012 the HVNA held a meeting for all neighborhood block captains and other residents at Hope Valley Country Club.

HVNA Board President Mary Tatum welcomed attendees and board member Don Stanger presented Hope Valley property crime statistics (see page 3 of this newsletter).

Durham Police Department Public Safety Officer Curtis Knight presented useful information about model Neighborhood Programs and also covered Neighborhood Safety. He fielded a number of questions from attendees about neighborhood safety.



Public Safety Officer Curtis Knight presents the DPD Neighborhood Watch program to attendees at the HVNA

New Hope Valley Address Markers!

In response to concerns regarding difficulties surrounding Hope Valley's often strange street numbering system, the HVNA commissioned local vendor Vega Metal Works to design and create a universal address marker for Hope Valley home owners. These large address markers will be highly visible to law enforcement, emergency responders, and vendors, as well as guests looking for your home.

Modeled on the design of our iconic street signs, the address markers feature a hand forged bracket, and applied reflective numbers that appear white during the day and are highly reflective at night. Prior to painting with high grade enamel, they are zinc coated for rust protection and should provide decades of service.

Working with Vega Metal works and Durham's McCorkle Sign Company, we are able to offer these unique markers to Hope Valley residents. They may hang independently on a cedar post, see photo below, or be attached to a mailbox post, tree, or lamppost.

Markers come fully painted and with address numbers applied, although some light assembly may be required. Posts are available for \$20. You will be responsible for installation; however we will provide contact information for several firms who can install the marker at your home.

Pricing begins at \$205 for sign and bracket only, for a full kit with post and lag bolts: \$230. Delivery will likely be spring '13, based on work schedules at our vendors, and our ability to sell the minimum order of 100.

To order please send a check to HVNA, PO Box 51338, Durham, 27717, include name, address, and whether you want sign and bracket only or full kit with post and bolts. Please include an email address and phone number.





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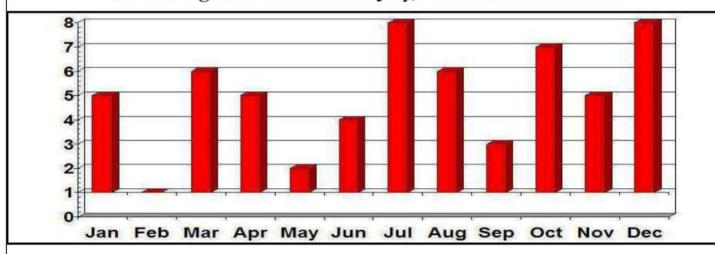
Are You New to Hope Valley or Do You Have a New Neighbor?

The HVNA welcomes all new neighbors! If you are new to Hope Valley or know someone who is and would like a bag that includes local information, HVNA contacts, and some fun Hope Valley items, please contact Clay Chandler at clay-chandler@hvna.org.

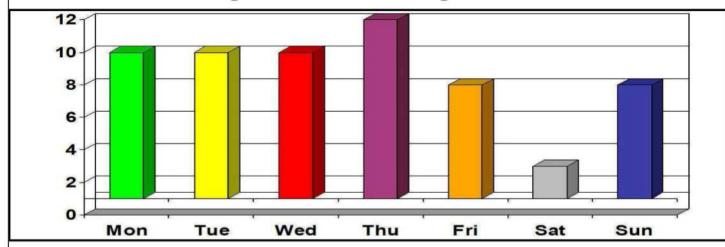
Hope Valley Burglary Statistics

- 2009 thru September 2012 YTD - (Source: raidsonline.com & Durham Crime Mapper)

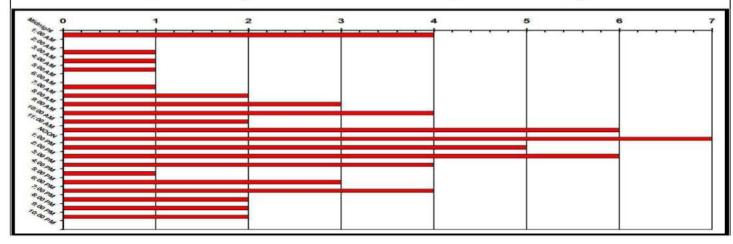
Most Burglaries Occurred in July, October & December



Most Burglaries Occurred During the Work Week



Most Burglaries Occurred During the Work Day



Plague of the Yard Guards

Many of us in who live in the areas of Hope Valley without curbs are plagued with the ruts and dead grass caused by vehicles driving on the edges of our lawns. From its earliest days, much of Hope Valley has not had curb and gutter, and the edges of our lawns often come just to the edge of the street.

To help keep things looking nice many of us have put out PVC pipes, stakes, stones or even metal posts. Technically the city right of way extends approximately 16 feet from the center of your street, so many of us are "protecting" City property.

Durham City Officials tell us that anything put in the right of way is subject to being removed, and anything that might damage vehicles on City streets is forbidden. Please be aware that you may be liable if stakes or pipes in your yard, but within the City right of way, injure someone, or cause vehicular damage.

That said, PVC pipes, or thin wooden stakes are permissible if when struck by a car or truck they give way or snap off without damaging the vehicle. Further reinforcing PVC pipes with rebar or metal spikes is not permitted.

Therefore large rocks, metal posts cemented in the ground, and other permanent yard guards could be removed by the City and if they cause damage to vehicles could, again, subject you to potential liability.

Please remember too, that your neighbors, visitors, and potential home buyers see these lawn protection stakes, so strive for something attractive.

Finally, on some of Hope Valley's most narrow streets these lawn protectors create a gauntlet for motorists. The HVNA asks that all residents that use such "yard guards" be aware of these rules and respect the rights of those traveling on your street, while protecting your lawn.

Block Party!

The HVNA makes grants to neighborhood groups for block parties to encourage communitybuilding. Groups interested in a \$300 grant for a block party should submit a request approximately six weeks prior to the anticipated event with a brief description of the party, the area in which it will take place, and who will be organizing the event.

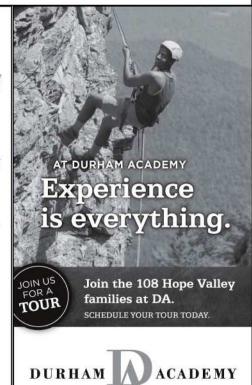
RULES:

- All residents from the Block Party area must be invited;
- HVNA funds may not be used to purchase alcohol, although alcohol is permitted, if
- Grants can only be made once a year per area;
- Invitations must include mention of the HVNA and an appeal for annual dues, i.e., "This event is partially underwritten by the HVNA who encourages you to pay your
- Street closing arrangements, if needed, should be arranged through Durham Police Department and communicated to the HVNA list server for posting.

HVNA will provide:

- Grant monies by check
- Names and addresses in targeted area
- Party Kit, including HVNA, cups, totes, can insulators, etc.
- Other logistical help as needed.

Are you new to Hope Valley or know of someone who is? Contact Clay Chandler to arrange for a HVNA Welcome visit: claychandler@hvna.org





AN INDEPENDENT, COEDUCATIONAL DAY SCHOOL PRE-KINDERGARTEN THROUGH GRADE 12

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Don't Fall for Energy Wasters! By Bobby Farrel

As the days start to get shorter and the thermometer begins making its annual trip south, residents across the area are kicking their furnaces into action and using more lighting. The result is a steady increase in energy consumption that will be hitting most homeowner's pocketbooks next month.

This month, make it your family's mission to search out the energy wasters in your home and take the necessary steps to improve your home's efficiency before the truly cold weather arrives and you can reap the savings for the rest of the season.

Make a Game Plan

Improving your home's efficiency starts with knowing where your home stands on the scale of energy efficiency, one excellent reason to get a thorough home energy audit or assessment. Many home performance contractors offer this service for a minimal cost, saving you money in the long run because you can fix the most pressing problems with your home first.

A home energy audit includes a homeowner interview on the history and comfort of the home, and then diagnostic procedures such as a blower door test, a pressure pan test of duct work, infrared exploration of hot and cold spots, and a detailed assessment of insulation and thermal barriers in all areas of the house.

Many homeowners are surprised to find out that the biggest energy wasters in their homes are not what they thought they were going to be and recommended improvements are often easier and less expensive than anticipated.

Do the Easy Stuff First

There are many easy steps that homeowners can take themselves to improve their home's energy efficiency in the Fall.

- Use a programmable thermostat. Just setting the thermostat to lower the temperature 5-10 de
 - during the daytime when the family isn't home can save up to 10% a year.
- Keep shades and curtains on south-facing windows open during the day, when the sun can warm the house, and closed at night, to prevent heat loss.
- Have your heating system serviced. Most furnace companies recommend at least an annual tuneup to ensure that the system is at peak performance.
- Close the fireplace damper when not in use. Leaving the damper open is the equivalent of having
 - a 6" hole in the wall of the room the fireplace is in.
- Turn your water heater down to 120 degrees to save money. Anything higher is
- and a lower setting is also recommended as a safety precaution for homes with
- Look for energy-efficient lighting for Halloween and Christmas decorations. New LED outdoor

lights are not only 80% more efficient than older lights, they're also more durable

to be replaced as often. For a double dose of good energy sense, use a timer to turn lights on and

off at night.

Bring In Professionals When Needed

Some home performance improvements are best left to professionals, including adding/replacing insulation, sealing crawl spaces and replacing windows and doors. These tasks generally fall outside the skills of most DIY homeowners and it's often more expensive in the long run to have poor improvements corrected.

If your home energy audit suggested professional-level improvements were necessary, be sure to collect quotes and referrals from at least three different energy improvement contractors who have credentials with Energy Star, The Building Performance Institute, LEED or similar professional organizations.

About Bobby Ferrel

Bobby Ferrel is co-founder of Green Horizon, with offices in Durham and Charlotte, offering home owners and builders a one-stop shop for energy efficiency and green building.

THE AVERAGE HOME WASTES 20-40% OF ALL ENERGY USED

Before you replace expensive HVAC systems, windows or doors, learn how you can save money and energy with home efficiency solutions. Green Horizon is your local onestop-shop for home performance, specializing in insulation, weatherization, high-efficiency HVAC and crawl space sealing.



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The 2012 HVNA Halloween Parade!



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Southern Delights A New Book by Martha Erwin Uzzle Hope Valley History

By Don Stanger, 919-489-2248 / donstanger@hvna.org

Our good friend and neighbor Martha Erwin Uzzle recently launched her new book, Southern Delights. You will want to buy it for its wonderful local recipes, accumulated over the years as Martha grew up in her mother's kitchen and among friends and relatives in Hope Valley. But before you delve into Martha's delicious recipes, you will also find her touching Dedication.

The book is dedicated to Martha's mother, Mary Toms Erwin Cameron, and Josephine (Jo) Omega Knox, her mother's friend and employee. Jo came to Durham from South Carolina in 1927 to work Mrs. Louise Buchanan Stubbs, the first manager of Hope Valley Country Club. Jo lived with Mrs. Stubbs in quarters in the new clubhouse and they worked together "to establish the reputation of the new residential area club as an outstanding venue for food and fellowship." Martha's mother, who lived only a short distance from the club and recognized Jo's culinary skills, was able to hire her when a change in club management occurred.

Mary's father was Clinton W. Toms, who became Durham's first Superintendent of Schools in 1894. In 1897 James B. Duke tapped him to become general manager of the American Tobacco Company's operations in Durham. In 1924 he became president of Liggett & Myers Tobacco Company and served in that capacity until his death in 1936. The LMTC corporate headquarters

was located in downtown Manhattan and when there, Mr. Toms resided at the Seville Hotel. He maintained his home and family in Durham. Mr. Toms bought a house for each of his children and Mary's house was located at 2822 Chelsea, which is depicted on the cover of Martha's book.

In 1937 Mary Toms married Edmund McCullough "Eddie" Cameron. Eddie came to Duke in 1926 and was Duke's head basketball coach from 1928 until 1942. When head football coach Wallace Wade left for service in WWII, Eddie be-

came head football coach from 1942 through 1945. During that time, his team won the Sugar Bowl when Duke beat Alabama 29-26. He served as Duke director of athletics from 1951 to 1972.

The intersection of tobacco and Duke sports played prominently in the genesis of Martha's recipes. Her mother entertained often in support of Eddie's career, hosting parties for

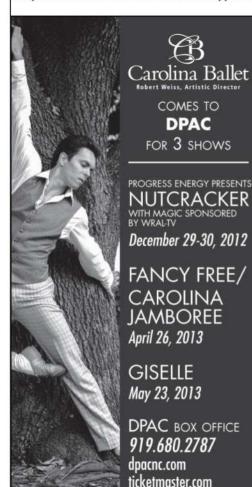
> the country. Mary was also instrumental in suggesting that Duke's new basketball arena (now Cameron Indoor Stadium) would be the perfect venue for a publicity series featuring radio and TV personality Perry Como in Durham, the home of Chesterfield cigarettes. As part of this series, Jo's cooking was featured in preproduction social events held at Martha's Chelsea Circle home. Como spent a good deal of time in the magic and occasionally engaged her in a spirited duo of "Hallelujah." Eventually, Perry Como became the permanent chair of the annual Duke University children's fund golf event.

These recipes come with a large dose of love, as Martha describes the team of her mother and Jo working together to entertain friends and family. Jo often asked Martha to assist her and thus Martha learned the special touches that Jo added to her recipes. Martha treasured not only Jo's cooking expertise, but also "the way she approached life with spirit and enthusiasm and inspired others (including Martha) to follow her lead."

For inquiries about her book, contact Martha at: 919-489-0091 or MarthaUzzle@aol.com



Martha with Perry Como at her home on Chelsea Circle.



prominent sports figures from around kitchen watching Jo work her culinary

